

# CHILD & ADOLESCENT INTAKE FORM

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)

Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female

School: \_\_\_\_\_ Grade: \_\_\_\_\_

## Mother/Guardian

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number) (City) (State) (Zip)

Home Phone: \_\_\_\_\_ Cell/Other Phone: \_\_\_\_\_ May we leave a message?  Yes  No

E-mail: \_\_\_\_\_ May we email you?  Yes  No

\*Please note: Email correspondence is not considered to be a confidential medium of communication.

## Father/Guardian

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number) (City) (State) (Zip)

Home Phone: \_\_\_\_\_ Cell/Other Phone: \_\_\_\_\_ May we leave a message?  Yes  No

E-mail: \_\_\_\_\_ May we email you?  Yes  No

## Siblings

Please list any siblings/age: \_\_\_\_\_

Referred by: \_\_\_\_\_

## GENERAL HEALTH AND MENTAL HEALTH INFORMATION

Please list any specific health problems child/adolescent is currently experiencing:

Has child/adolescent previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?  No  Yes

If yes, previous therapist/practitioner: \_\_\_\_\_

Please list any prescription medications and dosage that child/adolescent is currently taking:

Name of Prescribing Physician: \_\_\_\_\_

Has child ever been prescribed psychiatric medication?  Yes  No  
If yes, please list and provide dates:

Please list any specific sleep problems child is currently experiencing:

What types of exercise does child participate in?

Please list any difficulties with appetite or eating patterns:

Is child currently experiencing overwhelming sadness, grief or depression?  No  Yes  
If yes, for approximately how long? \_\_\_\_\_

Is child currently experiencing anxiety, panic attacks or have any phobias?  No  Yes  
If yes, when did child begin experiencing this? \_\_\_\_\_

Does child/adolescent drink alcohol or engage in recreational drug use?

Please list any legal issues that may be in progress:

Any complications with pregnancy or delivery?

Did child meet developmental milestones as expected?

Has child been diagnosed with any learning disabilities?

Is there anything stressful about school?

What significant life changes or stressful events has your child or family experienced recently?

What goals do you have for therapy?

### FAMILY MENTAL HEALTH HISTORY

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

	<u>Please Circle</u>	<u>List Family Member</u>
Alcohol/Substance Abuse	yes/no	
Anxiety	yes/no	
Depression	yes/no	
Domestic Violence	yes/no	
Eating Disorders	yes/no	
Obesity	yes/no	
Obsessive Compulsive Behavior	yes/no	
Schizophrenia	yes/no	
Suicide Attempts	yes/no	